

# Heart of Carolina



Walk to  
**Emmaus**  
THE UPPER ROOM®

Volume 04, No. 4

September, 2004

## From Your Spiritual Director

### Wisdom on Sponsorship

The most important thing we can do as the Heart of Carolina Emmaus Community is to practice good sponsorship. Why? Because it is the most crucial link we have in strengthening the local church. The purpose of the Walk is threefold:

- 1) to move pilgrims to a closer walk with the Lord
- 2) to experience a community of grace
- 3) to send them back to their local churches as servant leaders who will help to build up the church as a grace filled community.

The persons we sponsor for a Walk should be persons who will be good candidates to fulfill the third purpose. That is, they should be persons who are already leaders in their church or who show promise as future emerging leaders. We want the Walk to have a positive affect on the pilgrims. We also want the Walk to have a positive affect on the churches that the pilgrims go back to. So, in thinking about who to sponsor, think about who would be the best candidate to take the message of God's grace back to his/her own church and to affect the most possible positive change. I believe that the two greatest needs in the

church today are to take care of the leaders we already have and to grow new ones. Emmaus is a great way to meet these two needs. That's why I am committed to Emmaus. That's why I sponsor people in my local church. The end result of the Walk is to build up the Body of Christ. In the coming months ahead you will be hearing about a plan that our Board of Directors is putting together to improve sponsorship in our community. In the meantime, the most important thing you can do right now is to pray about the next person the Lord would have you sponsor to help build up the Body of Christ!

Blessings,  
H. William Green

## Lay Director's Corner

Greetings in the name of our risen Lord!

The Heart of Carolina Emmaus board of directors is a working board of which each member is responsible for an important function in our community. All of our board members work very hard to make our community the best it can be. If you have a desire to serve, or if you have concerns or suggestions regarding a specific work area, please contact the appropriate board member.

You will find printed elsewhere in this newsletter a list of our newest

board members and the work area responsibilities for all board members. We would like to thank all who recently accepted nominations to serve on the board. Thank you for your willingness to serve our community. We offer our congratulations to the newly elected board members. We welcome the opportunity to be in service with you.

We would like to offer a special word of thanks for our out-going board members. Some of these retiring board members have served for three and even four years. In the spirit of anonymous servanthood we won't name names, but we are very grateful for each of you and your contributions to our community.

We are delighted that Brian and Susan McGuire will be our new community lay directors. Please be in prayer for them as well as our entire board and community. Especially remember to pray for the pilgrims and teams of Walks 75 and 76.

DeColores!

David and Kim King  
Outgoing Community Lay  
Directors

## **Donations for Walk Book Tables**

At every Walk there is a book table for the pilgrims and the team, please consider donating your Christian materials (i.e. devotionals, Bible study, periodicals, books, cassette tapes, videos or CDs) you are no longer using. The donated items should be unmarked and in good condition. Your donation is a wonderful gift of agape to the Walk. Items will be collected at Gatherings and Send-offs or you may contact David and Lee Heathcoat at 919-467-4278 or email us at [Dheathc@attglobal.net](mailto:Dheathc@attglobal.net)



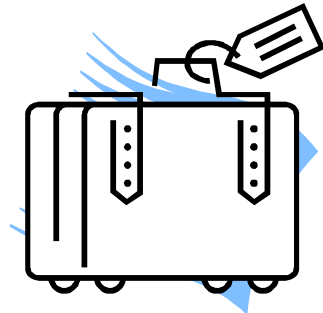
## **Agape Reminder**

Agape that is brought for a walk should NOT have anyone's personal name on it, but instead should be from a reunion group, church, "sister or brother in Christ", etc., or it can even be anonymous. Agape that is distributed is done so as an act of love, not an act to glorify oneself.

Also, please remember that due to the addition of the dedicated board representative, your agape amounts in the future should include 61 pieces for each walk.

## **Luggage**

Reunion groups are needed to assist on Thursday evening and Sunday afternoon luggage detail. This is a great way for your reunion group to offer behind the scenes help. Please contact Ray and Deb Murphy at 919-697-0494 to sign up for a future walk.



## **Chrysalis Scholarships**

Any individuals or groups that would be willing to sponsor a Chrysalis youth on a Flight or Journey (no more than once a year) please fill out a Scholarship Form (available at gatherings) and mail to: HoC Chrysalis Registrar, Frank & Ann White, 2004 Buckskin Drive, Clayton, NC 27520, or you can e-mail the information to [frankandannwhite@nc.rr.com](mailto:frankandannwhite@nc.rr.com)

Fly With Christ!!  
Frank & Ann White

## **From the Heart of Carolina Prayer Chapel**

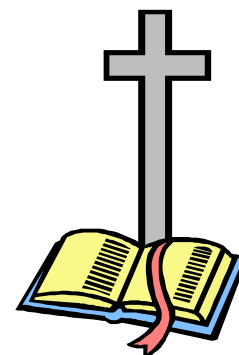
Deuteronomy 4:7 says; "What other nation is so great as to have their gods near them the way the Lord our God is near us whenever we pray to him?"

This verse allows us to realize how fortunate we are to be blessed by God when we pray. The Heart of Carolina Community, our "nation," is brought into the presence of God as prayer continually blesses and sustains us in our lives. Prayer sustains the Emmaus pilgrims, teams, and clergy on each walk. Experience a meaningful time of prayer during an Emmaus weekend.

If you have never worked in the Prayer Chapel you are missing a wonderful experience.

You are encouraged to sign up and work the Prayer Chapel on an individual basis or as a reunion group. Sign up and experience the closeness of the Heart of Carolina community as God brings us near when we pray.

If you are interested in working in the Prayer Chapel please call Mark or Cynthia Johnson at 919-557-6821 or contact them by email at [mcpjjohn@aol.com](mailto:mcpjjohn@aol.com)



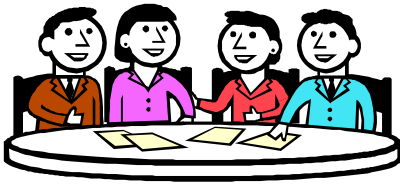
## Reunion Groups

As you may have found during your walk weekend, it is easier living the Christian life when surrounded by supportive and loving believers. Reunion groups can help keep us in touch with those fellow Christians in our Fourth Days.

Group reunions are important to us because fellowship with other Christians is critical to our spiritual growth. It helps to keep us in regular contact with Christ. It's through this intentional act of meeting with other believers that we can keep focused on continually giving our Hearts, Minds and Hands to God.

There is a list of known active reunion groups on the HOC website. If you need help finding or starting a group, we would like to assist you. Also, if your reunion group is not on our list, please contact us and we will add it!

Rusty and Renee Rains



## Snack Room

We are in need of Snack Room Coordinators for the upcoming walks. You can sign up to help part of a day, or you can sign up

for the whole weekend. There are detailed instructions available.

If you are interested in helping, please contact Lee and Jan Edmonds at 919-362-0294.

Remember the good food and good fellowship you enjoyed in the break room on your walk? Well, it takes many of us to keep this going. So please do your part! Will the following churches please furnish as follows:

### VEGETABLES, FRUIT & DIPS

Edenton Street, Hayes Barton,  
St. Francis

### SALTYS, SALSA, & TRAIL MIX

Garner, St. Luke

### CANDY & NUTS

Fuquay-Varina, Nashville

### FRUIT & SOFT DRINKS

White Plains, St. Andrews

### BAKED GOODS

Hollands, Westover, Millbrook,  
Horne Memorial &

ALL OTHER CHURCHES

### SPONSORS

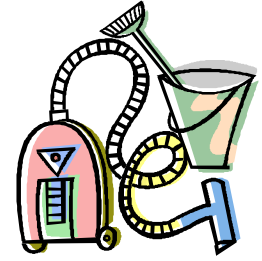
Please bring a snack and a drink

We are especially in need of more fruit, vegetables, and home baked goods.

Knowing how busy you all are, be advised that cash is welcome if you don't have time to shop or bake. We can use your donations to purchase snacks as needed.



## Join the Clean-up Crew!



PLEASE help us with cleanup for this year. It's easy work & when we have plenty of help, it doesn't take long. Volunteers need to arrive at Short Journey at 2:30 pm Sunday before closing starts. If you are willing & able to help, please call Buddy and Charlotte West at 919-469-3402.



## HOC Emmaus Board News

Welcome to our newest board members: David and Linda Amon, Ray and Melissa Broadwell, Ray and Deb Murphy, Karl and Jeanie Neuschaefer, Rusty and Renee Rains, Phil and Lynn Triplett, and Buddy and Charlotte West

# Heart of Carolina Emmaus

**Men's walk #75**  
**October 7-10, 2004**

**Women's walk #76**  
**October 21-24, 2004**

| <b>Team</b>  | <b>Pilgrims</b>   | <b>Team</b>  | <b>Pilgrims</b>   |
|--|---|--|---|
| <p><b>Lay Director</b><br/>David Knox</p> <p><b>Asst. Lay Directors</b><br/>Kevin Calloway (lead)<br/>Lee Hyatt<br/>Ted Rogers<br/>Joel Watson</p> <p><b>Table Leaders</b><br/>Jim Hepner<br/>Pat Keane<br/>Bill Leary<br/>Lemoyne Rose<br/>Dave VonDerGathen<br/>Howard Whittle</p> <p><b>Asst. Table Leaders</b><br/>Rodney Knight<br/>Dave Nave<br/>Andy Smith<br/>James Thompson<br/>David Tyree<br/>David Zey</p> <p><b>Music Leaders</b><br/>Dean Edwards<br/>Bart Streb</p> <p><b>Spiritual Director</b><br/>Joyce Odom</p> <p><b>Asst. Spiritual Dir.</b><br/>Dennis Draper<br/>Butch Huffman<br/>Neal Wingfield<br/>Arthur Wall</p> <p><b>Board Representative</b><br/>Mark Johnson</p> | <p>Dale Armstrong<br/>Tom Barrett<br/>Rob Behm<br/>David Blackman<br/>Wilson Brent<br/>Eric Buchholtz<br/>Jeff Cartledge<br/>Tim Chase<br/>Bruce Cranfill<br/>Lee Farabow<br/>Roger Frost<br/>Paul Furr<br/>Kevin Gregson<br/>Ed Hausle<br/>Robbie Hill<br/>Larry Holland<br/>Jay Jarrell<br/>Horace Johnson<br/>Bob Long<br/>Donald Morgan<br/>Charles Morrison<br/>Bob Morrison<br/>Cecil Morrision<br/>Alex Palmatier<br/>Joey Putnam<br/>Norman Ricks<br/>Jim Schleper<br/>Scott Shelton<br/>Jason Smith<br/>Michael Tyndall<br/>Allen Wenner<br/>Michael White<br/>Mike Whitlow<br/>Skip Woodward<br/>Johnnie Wright</p> | <p><b>Lay Director</b><br/>Shelley Foley</p> <p><b>Asst. Lay Directors</b><br/>Susan McGuire (lead)<br/>Robin Edwards<br/>Debbie Lewis<br/>Karan Moore</p> <p><b>Table Leaders</b><br/>Sandra Bass<br/>Dana Caldwell<br/>Cathy Davenport<br/>Freda Davis<br/>Dorothy Rogers<br/>Dana Sessions</p> <p><b>Asst. Table Leaders</b><br/>Alice Brunk<br/>Gail Cottle<br/>Deenie Greer<br/>Barbara Hughes<br/>Denise Reap<br/>Janet Streb</p> <p><b>Music Leaders</b><br/>Cynthia Johnson<br/>Marcia Kelly</p> <p><b>Spiritual Director</b><br/>Alice Kunka</p> <p><b>Asst. Spiritual Dir.</b><br/>Gary Allred<br/>Terry Buckner<br/>Roberta Byram<br/>Daniel Pantoja</p> <p><b>Board Representative</b><br/>Denise Calloway</p> | <p>Dickey Adams<br/>Jennie Barrett<br/>Michelle Behm<br/>Peggy Biggers<br/>Jaclyn Blackman<br/>Gerry Brent<br/>Barbara Buchholtz<br/>Beverly Cartledge<br/>Meg Chase<br/>Carol Cook<br/>Robin Cranfill<br/>Mary Kay Davis<br/>Leslie Faiers<br/>Carole Frost<br/>Susan Furr<br/>Wendy Johnson<br/>Susan Johnson<br/>Marsha Long<br/>Sharon Mahovlic<br/>Denise Massey<br/>Ann Mead<br/>Linda Miller<br/>Melissa Morgan<br/>Carolyn Morrison<br/>Sharon Mumford<br/>Mary Prevatt<br/>Marcia Proctor<br/>Lisa Putnam<br/>Tammie Quick<br/>Janet Reagan<br/>Donna Ricks<br/>Deidra Smith<br/>Laura Stealey<br/>Sylvia Tennille<br/>Karol Wenner<br/>Stefanie Whitlow</p> |

**Next Walk:** Men's #77 February 3-6, 2005

Women's #78 February 17-20, 2005

**Gatherings:** Sept 24

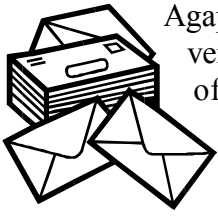
November 26

January 28

February 25

## Sponsor Letters

### Made Simple!



Agape letters are a very important part of every Emmaus Walk. The following guidelines

should help sponsors as they collect letters for their pilgrim.

Each pilgrim should receive 12 letters on Sunday afternoon. These are the letters that the SPONSOR has asked family and friends to write. Once the sponsor has gotten the 12 letters, he/she should write Sponsor or S #1 through #12 in the postage stamp area of the envelopes. This is done to ensure that if the pilgrim gets more than 12 letters, the main 12 are included in the packet. All other letters received will be given to the sponsor to give to the pilgrim after closing.

Non-Sponsor letters are those written by church friends, team members, etc. that were not requested by the sponsor. If the sponsor does not collect 12 letters, enough non-sponsor letters will be included in the packet to insure that each pilgrim gets 12 letters.

During sendoff and throughout the weekend, boxes marked SPONSOR and NON-SPONSOR will be in the Agape Room. These boxes will also be at the church during Candlelight. Please deposit your letters in the appropriate box.

Everyone, please remember, there are a lot of Mom's, Dad's, Uncle Mike's, and Grandpa's on each walk, so make sure that the pilgrims' first and last names are on each envelope. If the recipient cannot be identified there is no way to get the letter to the intended pilgrim.

If you have any questions or are unsure about anything, please contact us.

DeColores!!  
David & Patti McAnally



## Heart of Carolina Gatherings

The Heart of Carolina Gatherings are great opportunities for worship and fellowship. Come along – and bring a friend!

Gatherings take place every 4th Friday (unless there is a Walk) at White Plains United Methodist Church in Cary, NC. from 7:30PM – 9:00 PM.

At every Heart of Carolina Gathering, we have people working in front of and behind the scenes. Aside from Moderator, 4th Day Speaker, Clergy, and Music Leaders, we have numerous

people helping with Set-Up/Clean-Up, Refreshments, and Baby-Sitting. It is a quick and easy way to serve the Community and worship the Lord – and we need your help!

You might even consider having the Emmaus Community from your church cover all of the leadership roles for a Gathering. It is a wonderful way to work alongside members of your own "Body of Christ."

To sign up to help, call Becky Stafford 919-469-4608, e-mail [becky.stafford@rexhealth.com](mailto:becky.stafford@rexhealth.com), or sign up at a Gathering.

It's a great way to spend a Friday evening!

## Transportation



If your church has a van you are authorized to drive, please contact Ray and Deb Murphy at 919-697-0494 to place your name on the contact list for providing Candlelight Saturday evening transportation. This is a wonderful way to provide behind the scenes service.



**HEART OF CAROLINA EMMAUS**  
**P. O. Box 1766**  
**Cary, North Carolina 27512**

Got a new address? Want every newsletter mailed?  
Let us know! Send a postcard or e-mail (rrains1@nc.rr.com) to Rusty and Renee Rains.

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**These are your Board  
Members and their work  
areas of responsibility.  
Contact them today and  
become a serving servant!**

**Lay Directors**

Brian & Susan McGuire  
919-873-0503

**Spiritual Director**

William Green  
919-460-7115

**Agape / Altars**

**Treasurer**

David & Patti McAnally  
919-562-1982

**Book Table/Photo/Supplies**

David & Lee Heathcoat  
919-467-4278

**Candlelight / Follow-up**

Phil & Lynn Triplett  
919-676-9832

**Chrysalis Council**

Dave & Linda Amon  
910-296-0416

**Evangelism**

Karl & Jeanie Neuschafer  
919-575-4303

**Gatherings**

Becky Stafford  
919-469-4608

**Kitchen/Break Room**

Lee & Jan Edmonds  
919-362-0294

**Luggage/Transportation  
Secretary**

Ray & Deb Murphy  
919-697-0494

**Newsletter / Reunion Group/  
Directory**

Rusty & Renee Rains  
919-553-6048

**Prayer Chapel & Vigil**

Mark & Cynthia Johnson  
919-557-6821

**Registration**

Len & Lynne Harris  
919-876-1371

**Set Up / Clean Up**

Buddy & Charlotte West  
919-469-3402

**Training**

Ted & Dorothy Rogers  
919-553-4921

**Worship / Music**

Ray & Melissa Broadwell  
919-552-2700

**Advisory /Team Selection**

David & Kim King  
919-557-5400